



# North East Independent School District

## ***Waiver of Liability Form Summer Camp/Recreation Program***

In consideration of my child's voluntary participation in the North East Independent School District Athletic Department's Summer Camp Program, which includes use of its facilities and/or equipment, and in addition to the payment of any fee associated with this participation, I do hereby agree to waive, release and forever discharge the North East Independent School District, its trustees, employees, agents, and representatives from any and all responsibility or liability, under state and/or federal law, for any injuries and/or other damages resulting from my child's participation in the Summer Camp Program. This participation includes any organized or individual activity that is part of the Summer Camp Program, including but not limited to preparation sessions, workouts, and meetings. I hereby acknowledge and understand that this waiver of liability extends to claims by me, my child, and/or any other parent or legal guardian of my child.

My signature below certifies that I understand and accept the conditions and waiver as explained above.

\_\_\_\_\_  
**Parent/Guardian Signature**                      **Date**

\_\_\_\_\_  
**Parent/Guardian's Printed Name**                      **Date**

\_\_\_\_\_  
**Student Athlete's Printed Name**                      **Date**

**Roosevelt High School**  
Roosevelt High School  
c/o Coach Matt Carroll  
5110 Walzem Rd.  
San Antonio, TX 78218

[Recipient Name]

[Address]

[City, ST ZIP Code]

# **YOUNG RIDER FOOTBALL CAMP 2019**

## ***Theodore Roosevelt HS***

***Football Fundamentals & Skills  
Development for Incoming Grades 6-9***

***4-Day Camp: Monday - Thursday  
July 29<sup>th</sup> - August 1<sup>st</sup>, 2019***



# YOUNG RIDER CAMP 2019

Location: Roosevelt HS Football Field

Camp will be conducted by Roosevelt HS Coaching Staff in accordance with UIL guidelines.

PLEASE PRINT NEATLY:

NAME \_\_\_\_\_

GRADE ('19-'20) \_\_\_\_ PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_

EMERGENCY PHONE \_\_\_\_\_

All Participants will be provided with a Camp T-Shirt.

CIRCLE ADULT T-SHIRT SIZE BELOW:

S M L XL XXL

EQUIPMENT: Campers should wear rubber cleats, if possible, and should wear shorts or sweats, preferably navy or black. Water will be provided.

COST: \$30.00

CHECKS PAYABLE TO: Roosevelt HS Football

Return Completed Form, Signed Assumption of Risk and Release of All Claims (On Reverse Side), and Money in person or by mail to:

Roosevelt High School  
c/o Coach Matt Carroll  
5110 Walzem Rd.  
San Antonio, TX 78218

Phone: (210) 356-2200 Ext. 62221

Email: mcarro@neisd.net



## **Safety**

All student athletes will be instructed in proper techniques will help to reduce risk of injury during practice and competition

## **Fundamentals**

Participants will be given the opportunity to learn drills to develop strength, agility, speed, and awareness while on the playing field.



## **Skills**

Position specific drills will be provided by experienced coaches as our Young Riders prepare for the upcoming season.

## **Fun For All Ages**

Each day will conclude with a speed ball tournament during which athletes are grouped by age and everyone gets to compete and have fun!



## **H.A.R.D.**

The Roosevelt Football Coaching Staff and our Principal, Mr. Norwood, stress the importance of Hard Work, Attitude, Respect, and Discipline.

## **Monday, July 29<sup>th</sup>**

7:30am-8:30am Registration  
8:45am-10:40am Practice #1  
10:45am-10:50am Character Talk  
10:50am-11:00am Weight Room Instruction  
11:05am-11:30am Tour of Roosevelt HS  
11:30am-11:45am Athletic Trainer Intro

## **Tuesday, July 30<sup>th</sup>**

8:00am-8:30am Late Registration (No Extra Charge)  
8:45am-10:30am Practice #2  
10:45am-10:50am Character Talk  
10:50am-11:00am Weight Room Instruction  
11:05am-11:30am Tour of Roosevelt HS  
11:30am-11:45am Recap NEISD Athletics' Paperwork

## **Wednesday, July 31<sup>st</sup>**

8:45am-10:30am Practice #3  
10:45am-10:50am Intro to Roosevelt HS from our Principal, Mr. Bryan Norwood  
10:50am-11:00am Weight Room Instruction  
11:05am-11:30pm Tour of Roosevelt HS  
11:30am-12:00pm Freshmen Impact Testing

## **Thursday, August 1<sup>st</sup>**

8:45am-9:55am Practice #4  
10:00am-10:30am Speedball Tournament  
10:40am-10:50am Fastest Man Competition  
10:55am-11:05am Group Pictures  
11:15am-12:00pm Freshmen Equipment Issue

